



Fasting & Freedom

Mark 2:18-22

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WARM-UP QUESTIONS

1. Have you ever fasted? Why?
2. What were the results?

THE CONFLICT - verse 18

1. What reasons might there have been for the disciples of John to fast?
2. What reasons might there have been for the disciples of the Pharisees to fast?
3. What reasons might there have been for the disciples of Jesus to fast?
4. What do you think was the motivation behind the question asked of Jesus?

JESUS ANSWER - verses 19-22

1. In your own words, what is Jesus' point in His bridegroom illustration?
2. In your own words, what is Jesus' point in His unshrunk cloth illustration?
3. In your own words, what is Jesus' point in His new wine illustration?
4. What does Jesus' answer help you to understand about those asking the question?
5. What does Jesus' answer help you to understand about Jesus?

PROCESSING ALL THAT...

1. In His answer, Jesus compares the kingdom of God to a wedding celebration. How does the image of a wedding celebration mean to you?
2. These days, what is it like for you to celebrate the presence of Jesus?
3. How might we as a Life Group (or as a congregation or in your family) celebrate the presence of Jesus?
4. The New Testament encourages us to focus on Jesus and assumes that joy will be the result. How have you personally experienced the connection between Jesus and joy in your life?
5. Just as new wine would burst old wine skins, the joy that comes from knowing Jesus may explode some of the routine of how we do life (even how we might be living in our relationship with God). How has following Jesus exploded some of the routine of your life?

BONUS QUESTIONS

1. Thinking about Creekside, where do you see that we have fallen into the mindset of the Pharisees?
2. Thinking about Creekside, where do you see that we are following Jesus as He desired His disciples to follow Him?
3. Thinking about Creekside, what might we do to move away from the answer to question #1 and move closer to the life that Jesus desires for His disciples?

EXTRA BONUS QUESTION

1. Answer the above questions #'s 1-3 for yourself.